

ONE YEAR OLD CALENDAR

February

HEALTHY HEARTS

2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Health and Nutrition				1 Everyone please share your favorite healthy snack.	2 Today is Baby Yoga Day. We will learn the word "Namaste"
Shapes in our World	5 Let's make a house out of colorful shapes. (shape recognition)	6 Outdoor Play Day. Everyone bring in appropriate attire for outdoor play.	7 Let's find all the circles in our classroom. (cooperation)	8 Square Bean Bag Toss. (color/shape recognition)	9 Building towers using square blocks. (small motor)
Wacky Week	12 Let's wear our clothes inside out today.	13 Making a Valentine and wear a wacky hat for the day.	14 Wear red today. Our Valentine Party. Note attached.	15 Outdoor Play Day. Please dress appropriately for outdoor play.	16 Let's be wacky and mismatch our outfits. (self expression)
Music Appreciation	19 Closed for President's Day	20 Let's dance to some Rock-N-Roll music. (music & movement)	21 Playing our instruments to different kinds of music.	22 Let's make maracas to shake. (musical expression)	23 Wear your PJ's so we can be comfy listening to lullaby music.
Indoor Activities	26 Parachute Play Day. (large motor)	27 Tunnel Time. (large motor)	28 Let's play "Find my Shadow" game. (large motor)		